



WEEK 1

WEEK 2

WEEK 3

WEEK 4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1st November, 29th November, 10th January, 7th February, 14th March

(v) Homemade Margherita Pizza
Tossed Pasta Salad
Sweetcorn
(v) Vegetable Grill
Strawberry Frozen Yoghurt

PACKED LUNCH OPTION
Salmon & Cucumber Sandwich
Celery Sticks
Box of Raisins
Strawberry Frozen Yoghurt
Milk Drink

Minced Beef Pie with Gravy
Mashed Potatoes
Cabbage and Carrots
(v) Shepherdess Pie
Rice Pudding with Peaches

PACKED LUNCH OPTION
Cheese Sandwich
2 Cherry Tomatoes
Satsuma
Fruit Muffin
Fruit Cuplet

Turkey Curry with Steamed Rice
Naan Bread
Mixed Vegetables
(v) Cheese Tortelloni
Cornflake Tart with Custard

PACKED LUNCH OPTION
Egg & Cress Sandwich
Fresh Carrot Batons
Fruit Yoghurt
Shortbread Biscuit
Fruit Cuplet

Sausages & Yorkshire Pudding with Gravy
Roast Potatoes
Carrots and Broccoli
(v) Potato & Vegetable Sausage
Fruit Flapjack with Milk

PACKED LUNCH OPTION
Chicken Sandwich
Cucumber Chunk
Melon Wedge
Fruit Flapjack
Milk Drink

Fish Fingers
Chipped Potatoes
Peas
Baked Beans
(v) Jacket Potato filled with Cheese & Baked Beans
Fruit Yoghurt

PACKED LUNCH OPTION
Sausage Sandwich
Vegetable Medley Bag
Small Apple
Fruit Yoghurt
Fruit Cuplet

8th November, 6th December, 17th January, 14th February, 21st March

Pasta Bolognese
Homemade Garlic Bread
Mixed Vegetables
(v) Crunchy Vegetable Bake
Iced Oaty Bar with Milk Drink

PACKED LUNCH OPTION
Tuna & Cucumber Sandwich
Celery Sticks
Small Apple
Iced Oaty Bar
Milk Drink

2 Sausages and Scrambled Eggs
Parmentier Potatoes
Baked Beans
Chopped Tomatoes
(v) Cheese & Potato Pie
Chocolate & Mandarin
Brownie with Chocolate Sauce

PACKED LUNCH OPTION
Cheese Sandwich
2 Cherry Tomatoes
Melon Wedge
Chocolate & Mandarin
Brownie
Fruit Cuplet

Beef Steaklette in a Homemade Roll
Jacket Wedges
Sweetcorn and Coleslaw
(v) Vegetable Grill in a Roll
Strawberry Whip

PACKED LUNCH OPTION
Egg & Cress Sandwich
Fresh Carrot Batons
Fruit Yoghurt
Gingerbread
Fruit Cuplet

Roast Chicken with Stuffing and Gravy
Roast Potatoes
Green Beans and Carrots
(v) Vegetable Plait
Apple Crumble with Custard

PACKED LUNCH OPTION
Ham Sandwich
Cucumber Chunk
Box of Raisins
Apple Sponge
Milk Drink

Salmon & Sweet Potato Fishcake
Chipped Potatoes
Peas and Spaghetti Hoops
(v) Jacket Potato filled with Cheese & Coleslaw
Krackolet with Milk Drink

PACKED LUNCH OPTION
Chicken Sandwich
Vegetable Medley Bag
Satsuma
Krackolet
Milk Drink

15th November, 13th December, 24th January, 28th February, 28th March

(v) Homemade Margherita Pizza
Jacket Wedges
Coleslaw
Peas
(v) Quorn Bolognese
Fruit Cocktail with Ice Cream

PACKED LUNCH OPTION
Salmon & Cucumber Sandwich
Celery Sticks
Box of Raisins
Strawberry Frozen Yoghurt
Milk Drink

Cottage Pie with Gravy
Cauliflower
Mixed Vegetables
(v) Vegetable Nuggets
Raspberry Crumble Slice with Custard

PACKED LUNCH OPTION
Cheese Sandwich
2 Cherry Tomatoes
Satsuma
Fruit Muffin
Fruit Cuplet

Chicken & Tomato Pasta
Tomato & Herb Bread
Crunchy Green Salad
(v) Cheese & Vegetable Bake
Shortbread Biscuit With Milk Drink

PACKED LUNCH OPTION
Egg & Cress Sandwich
Fresh Carrot Batons
Fruit Yoghurt
Shortbread Biscuit
Fruit Cuplet

Roast Beef with Yorkshire Pudding and Gravy
Roast Potatoes
Cabbage and Carrots
(v) Potato & Vegetable Sausage
Eves Pudding with Custard

PACKED LUNCH OPTION
Chicken Sandwich
Cucumber Chunk
Melon Wedge
Fruit Flapjack
Milk Drink

Fish Goujons
Chipped Potatoes
Peas
Baked Beans
(v) Jacket Potato filled with Cheese & Beans
Fruit Yoghurt

PACKED LUNCH OPTION
Sausage Sandwich
Vegetable Medley Bag
Small Apple
Fruit Yoghurt
Fruit Cuplet

10th May, 14th June, 12th July, 13th September, 11th October

Chilli Con Carne
Jacket Potato
Peas and Diced Carrots
(v) Jacket Potato filled with Cheese & Beans
Steamed Chocolate Pudding with Chocolate Sauce

PACKED LUNCH OPTION
Tuna & Cucumber Sandwich
Celery Sticks
Small Apple
Iced Oaty Bar
Milk Drink

Pork Rib
Bombay Potatoes
Baked Beans
Sweetcorn
(v) Shepherdess Pie
Toffee Cream Tart

PACKED LUNCH OPTION
Cheese Sandwich
2 Cherry Tomatoes
Melon Wedge
Chocolate & Mandarin
Brownie
Fruit Cuplet

Turkey Meatballs in a Sweet & Sour Sauce
Steamed Rice
Broccoli
Mixed Vegetables
(v) Vegetable Curry
Gingerbread with Lemon Sauce

PACKED LUNCH OPTION
Egg & Cress Sandwich
Fresh Carrot Batons
Fruit Yoghurt
Gingerbread
Fruit Cuplet

Roast Pork with Apple Sauce and Gravy
Roast Potatoes
Carrots
Green Beans
(v) Vegetarian Hot Pot
Peach Crunch with Custard

PACKED LUNCH OPTION
Ham Sandwich
Cucumber Chunk
Box of Raisins
Apple Sponge
Milk Drink

Salmon Fish Fingers
Chipped Potatoes
Peas and Spaghetti Hoops
(v) Jacket Potato filled with Cheese & Coleslaw
Fruit Muffin with Milk Drink

PACKED LUNCH OPTION
Chicken Sandwich
Vegetable Medley Bag
Satsuma
Krackolet
Milk Drink